



Nature's Work



Suggested Walking Itinerary

Snowdonia is a great place to come walking and we have a network of walks for all abilities. The walks we have chosen are of about 5-6 hours and are on a variety of graded paths from sealed sections to gravel tracks and 'pitched' paths. There is an inevitability of walking up and down hills but this is kept to a minimum and where possible at gentle gradients. It may be necessary to ascent up to 300m on some walks.

All excursions encompass a café selling locally produced foods. Lunch can be bought and selections will include traditional Welsh delicacies from Bara brith to Lobsious and Welsh cakes.

The days are paced for you to take in and enjoy the atmosphere of the region. Walks can be adjusted to suit how we are on the day and also to take account of the weather. There is opportunity for you to explore local towns and villages at your own leisure during each excursion and to buy gifts and to taste local delicacies that you come across.

The walks are designed not to be overly strenuous but if you decide once you arrive that you would like to climb a local mountain then we have the flexibility with our own transport and with experienced and qualified local guides that are able to take you on even the most challenging ridge walks in the area if you so desired!!

Day 1 – Aber falls, fit for a king

A circular walk in a historic, wooded valley containing many historic and archaeological monuments, including round huts, cairns, a medieval hafod and an iron age hill fort. The valley is also protected for its wildlife value as a National Nature reserve. The highlight of the walk is one of the most majestic sights of the Welsh mountains - Rhaeadr Fawr or Aber Falls as it is known in English. It is situated in the foothills of the Carneddau mountain range in a steep sided valley.

Day 2 – Dolwyddelan to Capel curig, mountain pass & heritage walk

A linear walk encompassing rivers, moor and forest with mountain views. We will walk from the historic village of Dolwyddelan in the Lledr valley past the 13th Century castle, reported to be the birthplace of Llewelyn ap Iorwerth, the last true Welsh Prince of Wales. We follow the path to Capel curig named Sarn yr Offeiriad path - after the priest used it to travel between his churches. At Capel curig we





follow the picturesque river in woodland and circumnavigate the village from a path with views of Snowdon and the high mountains.

Day 3 – Llanberis, mountains of old industry

Llanberis is an area rich in history, myths and legends and has a strong cultural heritage. Our walk around the historic slate town will transport you back to a time when its slate roofed the world! The setting is a landscape shaped by ice in the form of glaciers which carved this beautiful valley. Our walk encompasses a walk around the lake and into the forested Llyn Padarn Country Park and a visit to the Welsh built Dolbadarn castle.

Day 4 – Beddgelert, legends and rivers

This walk is one the best of its type in the Snowdonia National Park and includes a mixture of hill and valley walking along crystal clear mountain rivers. The majority of the route is over good paths and the finale is a close encounter with the Glaslyn river. There is considerable industrial heritage interest which we pass including old copper mines. Beddgelert is home to the legend of Gelert and Prince Llewelyn. Time spent in the touristic village will allow you to soak up local culture.

Day 5 – Conwy, Llandudno & the Great Orme, historic coastal towns and seascapes

This day is a mixture of short walks from walking the town walls of Conwy, the most intact in all of Europe, to the promenade of Victorian Llandudno and the impressive views from the Great Ormes head. Llandudno is known for its mild climate and was developed in Victorian times as a holiday resort. It is described as the 'Queen of Welsh resorts' and lies sheltered by the Great Orme, an imposing headland of limestone. The town retains much of its genteel Victorian atmosphere and charm. Conwy is without doubt the best preserved medieval town in Wales. It boasts a rich heritage and a unique atmosphere. The town was founded by King Edward I in 1283 and built on the site of Aberconwy Abbey, founded by Llywelyn the Great.

Day 6 – Cwm Idwal, legendary landscapes

This mountainous walk is far less demanding than the surrounding landscape suggests. Cwm Idwal is a glaciated valley with steep sided cliffs and a dark and legendary lake. Cwm Idwal has inspired poets, writers and painters alike and has a history second to none. It has hosted botanists from around the world, been used as a training ground for Sir Edmund Hilary for the 1953 ascent of Mount Everest and its geology has attracted the likes of Charles Darwin and the early scientists ageing fossil rich rocks at the birth of science. Today Cwm Idwal is protected by conservation laws which protect its landscape, relict alpine flower communities and wildlife as an area of international significance. A walk around its lake and into 'Devils kitchen' are a must for all people visiting North Wales

